

# WHAT'S HIDING IN YOUR PLANT-BASED MEAT?



**Real burgers and brats  
are made from beef,  
pork, and spices.**

Fake meats are ultra-processed imitations with dozens of ingredients including methylcellulose, titanium dioxide, tertiary butylhydroquinone, and disodium inosinate.

Find out what you're putting in your mouth at

**CleanFoodFacts.com**